



Further Details

Cost:

From £68.25 per day, depending on specific needs.

Opening Times:

Monday - Thursday 8.30 am - 5.00pm

Friday 8.30 am - 4.30 pm

OPEN EVERYDAY

except Bank Holidays and the Christmas period and any additional staff training days.

Contact Us

For further information and details please contact
Sarah Done by telephone: 01476 404331 or on
email: sdone@grantham.ac.uk

Day Break

Grantham College, Stonebridge Road, Grantham
Lincs, NG31 9AP

Days of enjoyment...

day
break

...for young adults

Adult social care group

Day Break is a quality and personalised day centre offering a wide variety of leisure activities for young adults with learning and/or physical disabilities

OUR FACILITIES

Our new Learning Development Centre offers contemporary activity rooms, a sensory room and an adapted kitchen for your use as well as Information Technology suites. You will also be able to access many of the wide range of facilities the college has to offer, such as our sports hall.



You will be at the heart of everything we offer so we will adapt and create sessions according to your interest and hobbies. Some of the activities offered may include:

- Arts & crafts
- Cooking/baking
- Gardening
- Swimming
- Sport
- Bowling
- Music
- Days out
- Sensory Activities

At Day Break, we will help you to build confidence and improve social skills, learn and develop independent living skills, make new friends and much more.

HEAR FROM OUR CLIENTS

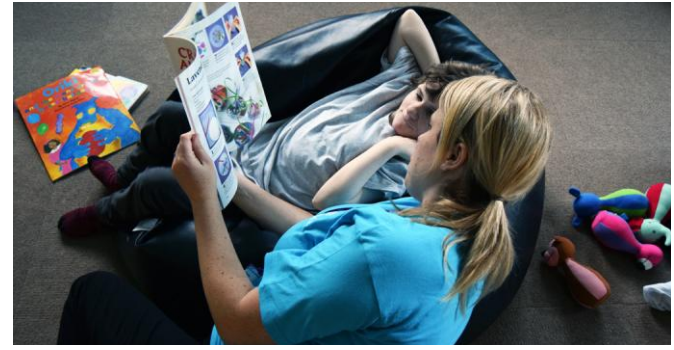
I enjoy bowling and having a burger
JOSHUA

I love splashing around in the pool and making new friends
TOM

I enjoy helping staff and helping others
HARRIET

I like competing with the sports students
AIDAN

I enjoy making yummy cakes
HARRIET



ACTIVITIES

